

## **SAMPLE EMAIL TO PARENTS WITH PEDIATRIC CARDIOLOGIST FOLLOW UP INSTRUCTIONS**

Emailed to: Parent email addresses provided in registration

Attachments: Copy of Child's ECG Strip / Copy of Final Screening Report

---

Dear Parent/Guardian,

This email contains follow up information regarding the results of your child's Heart Screening performed by **SafeBeat**. You should have recently received a Parent Report via email. Attached you will find a copy of your child's ECG and screening report for your records.

If your child's ECG result is normal, the follow-up recommendation is a result of the child's health and/or family history provided during the intake questionnaire. The ECG is done while the child is at rest and is not a 100% indicator of an underlying heart condition. For example, if a parent reports that a child passes out during or after exercise, or has chest pains during exercise, those could potentially be symptoms of an underlying cardiac challenge when the heart is under stress. Additional testing such as a stress test or echocardiogram can help rule out other cardiac abnormalities that may place a child at risk. These types of tests find what an ECG may not. Once further evaluation is done, the pediatrician can make a referral to a pediatric cardiologist if necessary.

---

[Date]

**RE: [Student Name]**

**DOB:**

**SCHOOL:**

**It is the **recommendation** of our collaborative pediatric cardiologist that your child discontinue sports participation** and/or strenuous activity *until further evaluation* by a pediatric cardiologist. If your insurance does not require you to have a referral from your child's pediatrician to see a specialist, you may call to schedule an appointment with a pediatric cardiologist of your choosing. Otherwise please discuss the results and recommendations with your child's pediatrician and have them provide you with the necessary referral.

Sincerely,

***[Hospital Name] Volunteer Pediatric Cardiologist***

***[Cardiologist Name]***  
***[Hospital Location]***

---

If you have any questions, please feel free to contact us.

For our youth,

[Signature of SafeBeat employee sending report email]