

# SAMPLE EMAIL TO PARENTS WITH PEDIATRIC CARDIOLOGIST FOLLOW UP INSTRUCTIONS

Emailed to: Parent email addresses provided in registration

Attachments: Copy of Child's EKG Strip / Copy of Manual Version of Final Screening Report

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Dear Parent/Guardian,

You are receiving this email as a follow up to the recent Parent Report & Heart Screening Results for your child from **SafeBeat** you should have received today via email. It is recommended by our healthcare partner volunteer who reviewed your child's screening information (including the intake questionnaire) to follow up with a pediatric cardiologist for further evaluation on the details listed within that report. A copy of your child's EKG and screening reports are attached for your records.

The instructions our healthcare partner has provided are as follows:

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DATE

Dear Parent/Guardian:

**RE:** Child's Name

**DOB:** Child's Date of Birth

**SCHOOL:** Child's School

**RECOMMENDED ATHLETIC PARTICIPATION STATUS:** **NOT CLEARED**

It is the **recommendation** of our pediatric cardiologist that your child **discontinue sports participation** and/or strenuous activity until cleared by a pediatric cardiologist. Please discuss the results and recommendations with your child's pediatrician or primary care physician and have them provide you a referral to the pediatric cardiologist of your mutual choosing.

Sincerely,

**Wolfson Children's Hospital Volunteer Pediatric Cardiologist**  
**Reading Cardiologist Name**  
**Volunteer**

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**PLEASE NOTE:** In the event that your child's EKG result is normal, the follow-up recommendation is a result of the child health and family history provided during the intake questionnaire. The EKG is done

while the child is at rest and is not a 100% indicator of an underlying heart condition. If a parent reports that a child passes out during or after exercise, or has chest pains during exercise, those could potentially be symptoms of an underlying cardiac challenge going on when the heart is under stress. For these reasons or if a parent indicates that there is family history of cardiac abnormalities or premature death, referral is given to a pediatric cardiologist in order that further testing can be done, i.e. a stress test or echo-cardiogram to rule out cardiac abnormalities that may place a child at risk. These types of tests find what an EKG does not. Once further evaluation is done, that Pediatric Cardiologist can make recommendation for your child's strenuous activity/sports.

If you have any questions, please feel free to contact us.

Gratefully and for our youth,

*Kayla Dawkins*

Outreach & Media Specialist

**The SafeBeat Initiative**

*"Screening Hearts, Saving Lives"*



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